Sex education element of RSE(relationships and Sex education) -from Sep 2023

Christian values underpinning learning: *Together we love and respect. We are creative, we are determined, we are confident, we are kind.*

Intent

From September 2020 teaching of relationships in primary schools is compulsory; sex education remains the decision of governors. We see parents and carers are the main educators of children in these aspects; school must complement and reinforce this role. **The sex education content is taught alongside the PSHE scheme of work where relationships work is a key area of learning.**

The PSHE (including relationships) scheme meets the requirements of the Equality Act. St Blaise will not unlawfully discriminate against pupils because of their age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership, or sexual orientation (collectively known as the protected characteristics), reasonable adjustments to alleviate disadvantage and be mindful of the SEND Code of Practice when planning for these subjects.

Implementation

Sex education will be taught in conjunction with the PSHE scheme of work; RSE forms part of these lessons. Relationships threads through the PSHE scheme of work. Learning will be linked to topics where possible or taught as separate units of work.The scheme will be adjusted to meet the needs of the pupils in our care and any current issues. Our teaching will be sensitive and age appropriate in approach and content. LGBT will be taught across the broader curriculum as part of the work on inclusion.

Parents

Parents have the right to excuse their children from the sex education element, which is why we have separated it from the main scheme; this makes the learning that will be covered clear to all.

Parents will be informed in Y1/2 about the content of The Pants Rule teaching – home support resources will be provided.

Y3/4 – reproduction in plants and animals
Parents will be informed in Y5/6 about the content of upcoming lessons. Materials sent home to support this unit of work.

Sex education will be taught by school staff. Staff members have the right to be supported and withdraw if they do not feel comfortable in teaching this content.

Content covered in the science curriculum. Parents do not have the right to withdraw their children from these elements

Reception	Year one/ two	Year three/four	Year five/six
Linked in PSHE scheme Keeping our bodies safe – The Pants Rule	**Linked in PSHE scheme** **H25.** to name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) **H26.** about growing and changing from young to old and how people's needs change • Keeping our bodies safe – The Pants Rule	• Reproduction in some plants and animals –	• Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes. **Year 5 & 6 – link to PSHE scheme – H30** • Menstrual wellbeing including the key facts about the menstrual cycle. (This will be taught to both boys and girls) **Year 5 & 6 link to PSHE scheme – H31** • How a baby is conceived and born–**Year 6** • Consent –**Year 6** • Female Genital Mutilation (FGM) awareness - **Year 6** • Marriage (in PSHE scheme)

Year One/ Two

- External body parts lessons will be taught as part of the science curriculum. An additional lesson in this topic will include introducing the female and male genitals.
- Human body from birth to old age – this will be taught as part of the science curriculum This work will include babies growing into toddlers and will include visits from babies and pre-schoolers. This will not include puberty but will link into older ages.
- The pants rule will be taught using the NSPCC resources (if we are able to get an external speaker we will do this in conjunction) https://learning.nspcc.org.uk/research-resources/schools/pants-teaching

Year Three/Four

- Reproduction of plants and animals linked to Rainforest topic

Year Five/ Six

- Puberty and menstrual cycle work will be delivered to both Y5 and Y6 each year. These are not topic related
- Conception, consent and FGM will be taught in Y6 only. These are not topic related
- A resource box will be kept in Maple class – it will contain relevant books and practical resources
- Resources folder in Google drive with lesson plans and other documents for use in the classrooms
- Useful websites and resources:
  https://www.bbc.co.uk/teach/class-clips-video/rse-ks2-puberty-whats-happening-to-my-body/znhdvk7
  http://www.hartfordprimaryschool.com/serve_file/162935
  https://campaignresources.phe.gov.uk/schools/resources/puberty-lesson-plan-pack
  https://www.teachprimary.com/learning_resources/view/how-to-teach-sex-education-in-primary-schools
  https://learning.nspcc.org.uk/research-resources/schools/relationships-health-and-sex-education-resources

Examples of specific relationships teaching within the PSHE curriculum

Reception - Oak	Year one - Poplar	Year two - Ash	Year three/four - Beech	Year five/six - Maple
• To recognise what they like and dislike – making good, informed choices • That people's bodies and feelings can be	• Roles of people in the family including who could keep you safe • Privacy – what do I	• Managing secrets • Resisting pressure • Getting help when you need it • Continued work on	• What makes a family including different types of family	• Physical contact and feeling safe • Managing consent and pressure in different

hurt(comfortable and uncomfortable) NSPCC Pants rule is introduced. https://learning.nspcc.org.uk/research-resources/schools/pants-teaching No outsiders texts include books about different types of families/relationships - Mommy Mamma and Me	need to do to keep safe • Seeking permission • Continued work on PANTS rule No outsiders texts include books about different types of families/relationships – My Grandpa is amazing	the PANTS rule No outsiders texts include books about different types of families/relationships – The Odd Egg The great Big book of families	• Personal boundaries • Safely responding to others • Managing confidentiality • Safe on line No outsiders texts include books about different types of families/relationships - The Hueys in the new jumper, King and King, Dogs do ballet	circumstances No outsiders texts include books about different types of families/relationships - And Tango Make three, the Princess boy

Impact

There is no formal assessment for RSE. Pupils will be given the opportunity to reflect on their learning and give feedback that will support staff to improve future delivery.

Role of the co-ordinator:

- Liaise with parents as needed
- Monitor the standards in the subject to ensure that outcomes are at expected levels
- Provide ongoing support/ signposting
- Liaise with the governing body to ensure that legal requirements are met